## THE REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL OF NEW YORK CITY

## **Obstructed Airway (Adult and Pediatric)**

## **CFR and All Provider Levels**

- 1. If the patient is conscious and can breathe, cough, speak, or cry; encourage the patient to cough
- 2. If the patient is unconscious or cannot breathe, cough, speak, or cry; perform airway maneuvers or CPR, as per current AHA guidelines
- 3. ABCs and vital signs
- 4. Airway management and appropriate oxygen therapy

#### **CFR STOP**

#### EMT

- Request ALS assistance
- 6. Transport
- 7. Perform obstructed airway maneuvers enroute to the hospital as needed

## **EMT STOP**

#### **Paramedic**

- 8. Perform direct laryngoscopy and attempt to remove the foreign body with Magill forceps
- 9. Perform advanced airway management as needed
- 10. If intubation is confirmed with direct visualization, but unable to ventilate:
  - 10.1 Note the depth of the endotracheal tube
  - 10.2 Deflate the endotracheal tube cuff, if using a cuffed tube
  - 10.3 Advance the endotracheal tube to its deepest depth
  - 10.4 Return the endotracheal tube to its originally noted depth
  - 10.5 Re-inflate the endotracheal tube cuff, if using a cuffed tube, and attempt ventilations
  - 10.6 If unable to effectively ventilate the patient using the above maneuvers, immediately initiate transport

### Paramedic STOP

# **Medical Control Options**

## **Key Points / Considerations**