THE REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL OF NEW YORK CITY

Cyanide Poisoning (Adult and Pediatric)

CRITERIA

- This protocol is for critical patients with exposure to cyanide
- A class order is required when operating at a scene with suspected cyanide exposure secondary to weapons of mass destruction (WMD)
- The class order may be issued by a FDNY OMA Medical Director who is on scene or as relayed through an FDNY OMA Medical Director via online medical control or FDNY Emergency Medical Dispatch
- The issuance of any class order shall be conveyed to all regional online medical control facilities for relay to units in the field
- Treatment within the "hot" and "warm" zones is to be performed only by appropriately trained personnel wearing appropriate chemical protective clothing (CPC) as determined by the FDNY Incident Commander
- If providers encounter a patient who has not been appropriately decontaminated from liquid cyanide, the providers should leave the area immediately until appropriate decontamination has been performed

CFR and All Provider Levels

- 1. ABCs and vital signs
- 2. Airway management
- Administer oxygen via non-rebreather
- 4. Assess for shock and treat as needed
- 5. Assess and treat for burns as needed

CFR STOP

EMT

- 6. Request ALS assistance
- 7. Transport

EMT STOP

Paramedic

- 8. Perform advanced airway management as needed
- 9. Begin cardiac monitoring
- 10. Obtain at least two sites of intravascular access

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- 11. Administer Hydroxocobalamin and Sodium Thiosulfate for patients with ANY of the following conditions:
 - Cardiac arrest
 - Respiratory arrest
 - · Altered mental status
 - Seizures
 - Hypotension not attributable to obvious causes

Obtain three blood samples using the tubes provided in the Cyanide Toxicity Kit PRIOR to the administration of Hydroxocobalamin as soon as possible

- 11.1 Administer Hydroxocobalamin as follows:
 - ADULT: Hydroxocobalamin 5 g IV over 15 minutes. Repeat if patient has persistent symptoms
 - PEDIATRIC: Hydroxocobalamin 75 mg/kg IV (3 ml/kg of prepared solution)
 (maximum 5 g) over 15 minutes. Repeat if patient has persistent symptoms
- 11.2 Administer Sodium Thiosulfate as follows:
 - ADULT: Sodium Thiosulfate 12.5 g IV (150 ml of prepared solution) over 10 minutes
 - **PEDIATRIC:** Sodium Thiosulfate 250 mg/kg IV (3 ml/kg of prepared solution) (maximum 12.5 g) over 10 minutes

Paramedic STOP

Medical Control Options

Key Points / Considerations

Cyanide Toxicity Kit

Item	Quantity
Hydroxocobalamin 5 g bottle (crystalline powder)	1
Sodium Thiosulfate 12.5 g bottle (25% solution)	1
Normal Saline or D₅W (100 ml bag)	3
20 ml syringe	1
Three-way stopcock connector	1
2 ml fluoride oxalate whole blood tube	1
2 ml K2 EDTA tube	1
2 ml lithium heparin tube	1

- Hydroxocobalamin solution is prepared by adding 200 ml of Normal Saline or D₅W to
 Hydroxocobalamin 5 g powder in the bottle provided. The vented macro-drip tubing that
 accompanies the Cyanide Toxicity Kit should be used to administer the Hydroxocobalamin
 solution. For an adult dose, use in wide-open position to ensure the correct administration time of
 approximately 15 minutes
- Sodium Thiosulfate solution is prepared by adding Sodium Thiosulfate 12.5 g (50 ml) to a 100 ml bag of Normal Saline or D₅W
- In the event that only one intravascular access line is established, administer Hydroxocobalamin BEFORE Sodium Thiosulfate since Sodium Thiosulfate will inactivate Hydroxocobalamin
- Whenever Hydroxocobalamin is administered, follow with a 20 ml flush of crystalloid fluid prior to administering other medications
- A class order is a general order given by a FDNY OMA Medical Director to perform a specific intervention or interventions at a specific location(s) during a specified time period. This order is generally reserved for disaster situations